

L&I Division of Occupational Safety & Health (DOSH) offers this training designed for workers to help increase their knowledge of safety and health.

### 10 Hours of Specialized Training at No Cost:

- Suitable for agricultural workers.
- Available in English and Spanish.
- Classes are held over two days – for a total of 10 hours class time (plus breaks and lunches).
- Participants receive a *WISHA 10 for Agriculture certification card* and *Certificate of Completion*.
- Instruction includes presentations, videos, handouts, and interactive exercises.

### Learn to Avoid the “Top 5” Agricultural Hazards:

1. Struck by machinery or an object.
2. Falls from heights.
3. Caught in or between moving objects.
4. Pesticide exposure.
5. Improper use or lack of personal protective equipment (PPE).

### Benefits:

Safer workplaces, less incidents/accidents. The training promotes a culture of safety and health through peer training. DOSH-authorized trainers are typically people who have done hands-on work. Training is intended and expected to be participatory. Trainers are able to tailor the training topics based on specific needs of their audience.

### Class Topics Include:

1. Introduction to WISHA/DOSH Employee/Employer Rights	2.0 hours	8. Pesticide Safety (Worker Protection Standard)	1.0 hours
2. Tractor Safety (ROPS and PTO)	1.5 hours	9. Orchard Ladder Safety	0.5 hours
3. Accident Prevention Program	0.5 hours	10. Field Sanitation	0.5 hours
4. Hazard Communication	1.0 hours	11. Outdoor Heat Exposure Hazards	0.5 hours
5. Machine Guarding	1.0 hours	12. Ergonomics	1.0 hours
6. Personal Protective Equipment (PPE)	1.0 hours	13. Cholinesterase Testing	1.0 hours
7. ATV Safety	0.5 hours	14. Filing a Workers' Compensation Claim	1.0 hours

***This training class is voluntary.*** It does not meet the employer training requirements contained in the WAC standards. Some employers, unions, and various other jurisdictions may require workers to have this training to work on their job sites and to fulfill their own safety training goals.

This course is available to non-profit organizations free of charge. Sponsor must complete the application form in the back of this page in order to be considered.

**Sponsor's Responsibilities:**

1. Coordinate the use of the training facility.
2. Register participants (one registration form per participants).

<b>Sponsor Information</b> Please complete the following information			
1. Sponsor Name:			
2. Name of Company/Organization:			
3. Title:			
4. Email:			
5. Address:			
City:	County:	State:	Zip Code:
Phone Number:	Alternate Phone Number:	Fax Number:	
6. Training Date:		7. Place:	
8. Expected Number of Participants:			
<input type="checkbox"/> 7 – 10	<input type="checkbox"/> 11 – 20	<input type="checkbox"/> 21 – 30	<input type="checkbox"/> 31 – 40
9. Training Presentation Requested In:			
<input type="checkbox"/> English <input type="checkbox"/> Spanish (Please note that we do <b>not</b> provide interpretation)			
10. Is training site in the same location of the address above?			
<input type="checkbox"/> Yes <input type="checkbox"/> No			
11. If not, please provide information:			
12. Training Site Contact Name:			
13. Training Site Name:			
14. Training Site Address:			
City:	County:	State:	Zip Code:
Phone Number:	Alternate Phone Number:	Fax Number:	

**Submit completed form to:**

Department of Labor and Industries  
 DOSH Education & Outreach  
 PO Box 44649  
 Olympia WA 98504-4649

**Questions? Call 360-902-5419 or email [Fabiola.Gonzalez@Lni.wa.gov](mailto:Fabiola.Gonzalez@Lni.wa.gov).**